

*“Return to me with all your heart,
with fasting, with weeping and with mourning:
rend your hearts and not your clothing.”*

– Joel 2:12-18

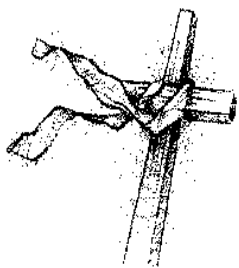


On **March 6th** Lent begins. The symbol of ashes is a reminder of our humanness and of the passage of time. Ashes symbolize our desire for God’s mercy and compassion. They are an expression of our sorrow for our sins and of our desire to resist temptation in the future. Ashes will be distributed during each of our Masses on Wednesday, March 6. **In addition to our usual Masses at 8:00am, 12:10pm and 5:15pm, a Mass has also been scheduled for 7:00pm.**

Fasting & Abstinence

As Catholics we are aware of the practices of fasting and of abstinence. Fasting is about how much or how little food we take in over a period of time. Abstinence has to do with the kinds of foods we deny ourselves (e.g. meat, chocolate). Fasting for religious purposes is a practice of self-discipline and has a long tradition in many religions and in the Church. It is used as an aid to concentration in prayer and it also helps develop a sensitivity to those in need. As a Church abstinence calls us (aged 14 years or older) to refrain from the eating of meat. Fasting allows only 1 full meal a day, but does not prohibit taking some food in the morning and the evening. In addition, eating between meals is prohibited. Fasting applies to those between the ages of 18 – 59. In Canada Ash Wednesday and Good Friday are the required days of fasting and abstinence.

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THE WAY OF THE CROSS:
Every Friday at 7:00pm during Lent the Way of the Cross will be celebrated in our Church. This is a wonderful way to deepen our relationship with Jesus throughout Lent. Come and pray the Way of the Cross with us and invite a friend.



For youth aged 12-14

Edge is a Catholic youth ministry program that provides a safe, fun environment for youth to find solid Catholic community, get answers to their questions about faith, and most importantly, experience Jesus in a profound and personal way.

EDGE Meets

Every Thursday evening

6:30pm to 8pm

Upstairs Halls

For more information: Michael: 416-458-8119, Madelaine: 647-453-1925, or Lorenzo: 647-291-8380

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Exposition of the Blessed Sacrament

Every 1st Friday of the Month 8:30am to 7pm

Come and spend some time in quiet prayer

Next date: **Friday, March 1, 2018**

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Baptism? Communion? Confirmation?

Are you considering baptism? Are you a baptized adult who has not yet received the sacrament of Confirmation or made your First Communion? We’ve got just the thing for you! Call Anna at 416-924-6257 x3295 or email ourladyoflourdes1556@gmail.com

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Thank You from the African/Caribbean/Canadian Community at Our Lady of Lourdes

The African/Caribbean/Canadian community wishes to express very sincere gratitude to ALL members of the Lourdes community who assisted, supported and participated in sharing a truly beautiful celebration for God. Once again the Combined Choir who, along with the active participation of the chief Celebrant, Father Michael, and a visiting Choir, was superb in uplifting the congregation with joyous melodies. We were especially happy to have Young People involved in the Liturgy, the Readings and also in offering their Prayers of the Faithful. We are always grateful to our sisters and brothers from the Motherland who always bring a taste of Africa in the Songs, Readings, Dances in various African languages as well as in their form of worship in the Offertory Procession. To God be the glory and our gratitude always to Our Father, Son and Holy Spirit and to our Blessed Mother for a wonderful Celebration and for the good weather. Thanks so very much.

MASS INTENTIONS FOR THE WEEK

Monday, February 25

8:00am Thanksgiving [Lyra Laboratorio]
 12:10pm RACHEL BRUNET + [Jean Brunet]
 5:15pm Thanksgiving [Mary & Yue]

Tuesday, February 26

8:00am Zosimo Valera + [Nelly Dy]
 12:10pm REGINA E. FERCOL [Estela Fercol]
 5:15pm PAULY, MARY & CHRISTY + & All Souls [Silva Family]

Wednesday, February 27

8:00am Santic Anto & MARA + [Ana Z.]
 12:10pm BENEDICTA AFFAINE & Jones Patrick Aubyn's Intentions
 [Benedicta]
 5:15pm Antonio Claret Karas + [Maria]

Thursday, February 28

8:00am Thanksgiving to Jesus Christ & Mother Mary
 [Janedream Trumata]
 12:10 pm GLORIA CHU + [Ophie Calapatia]
 5:15pm AGATHA KAPAWAN + [Rosie Kapawan]

Friday, March 1

8:00am CONSOLACION & ALFREDO DUMADAG +
 [Encar Benemerito]
 12:10pm Augustine & Razzouk Shammass [Faris Shammass]
 5:15pm Fr. Bill German, SJ + [Parishioner]

Saturday, March 2

8:00 am Thivyan's Recovery [Maria]
 12:10pm FLORINDA NACPIL + [Nacpil Family]

PLEASE PRAY FOR THE RECENTLY DECEASED:

Jaime Eustaquio, Zosimo Valera

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Join Our Team!

**Kids at Mass
 is looking for volunteers!**

- Sundays at our 10am & 11:30am Masses
- Making Mass fun and accessible for kids ages 4 to 7 (JK to grade 2)
- We're looking for helpers and teachers
- Contact Sarah through the Parish Office 416-924-6257 or email parish@ourladyoflourdes.ca

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Our Children's Sacrament Program is also looking for volunteers. If you are interested in helping we would love to have you on our team. Please contact Michelle through the parish office at 416-924-6257

Rummage Sale: The CWL will hold their annual **RUMMAGE SALE** on **Saturday March 2** in **Bernadette Hall and Lynch Hall from 9:30am to 2:30pm**. If you have items you would like to donate, such as used clothing, appliances that are not used anymore or other things, please drop them off on Friday, March 1. Thank you.

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St. Jamestown Youth Centre Black History Month Concert: The St. Jamestown Youth Centre is holding its concert featuring the Steel Orchestra on **Friday, February 22 at 7pm** here at Our Lady of Lourdes Church. A Warm Welcome to All!

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Tax Clinic: The Our Lady of Lourdes Volunteer tax clinic is on March 16, 2019 from 10am to 3pm for the 2018 tax year. Please call the parish office at 416-924-6257 for an appointment.

For those unable to attend the clinic, we also offer a "Drop-Off Service." This service is now available all year. Please call the parish office at 416-924-6257 for more information.

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Pre-Authorized Giving allows those who wish to have their monthly donations debited directly from their bank accounts. We have this option available for you. We respect that giving is a very personal thing, but we hope the implementation of this optional plan will be a source of convenience for some of you. Brochures are available for information - contact us at 416-924-6257 or parish@ourladyoflourdes.ca

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BEAUTY FROM OUR FAITH

If humble souls are contradicted, they remain calm; if they are calumniated, they suffer with patience; if they are little esteemed, neglected, or forgotten, they consider that their due; if they are weighed down with occupations, they perform them cheerfully.

~ St. Vincent de Paul

Lourdes at a glance: the week of February 24 to March 2, 2019						
Sun 24	Mon 25	Tues 26	Wed 27	Thurs 28	Fri 1	Sat 2
7 th Sunday in Ordinary Time Kids at Mass RCIA 1 st Confessions Class 1:30pm		Alpha 6pm		EDGE 6:30pm	Exposition of the Blessed Sacrament	